

## Rewards and Consequences Multiplier™

Create an accountability item and reward or consequence for each of your goals from the SMART Goals Action Plan Worksheet™. See pages 88-89 of Your Life by Design™.

Goal: \_\_\_\_\_

Accountability: \_\_\_\_\_

Reward/Consequence: \_\_\_\_\_

Goal: \_\_\_\_\_

Accountability: \_\_\_\_\_

Reward/Consequence: \_\_\_\_\_

Goal: \_\_\_\_\_

Accountability: \_\_\_\_\_

Reward/Consequence: \_\_\_\_\_

Goal: \_\_\_\_\_

Accountability: \_\_\_\_\_

Reward/Consequence: \_\_\_\_\_

Goal: \_\_\_\_\_

Accountability: \_\_\_\_\_

Reward/Consequence: \_\_\_\_\_

Goal: \_\_\_\_\_

Accountability: \_\_\_\_\_

Reward/Consequence: \_\_\_\_\_

Goal: \_\_\_\_\_

Accountability: \_\_\_\_\_

Reward/Consequence: \_\_\_\_\_

Goal: \_\_\_\_\_

Accountability: \_\_\_\_\_

Reward/Consequence: \_\_\_\_\_

Goal: \_\_\_\_\_

Accountability: \_\_\_\_\_

Reward/Consequence: \_\_\_\_\_